



# Senior Promotions

Portsmouth Judo Dojo uses the USJA system to determine when you're eligible for a belt rank promotion. Your promotion follows your belt test, in which you'll be asked to demonstrate specific techniques you've learned for the test. You'll also need to pass the written test, which consists of Judo-related vocabulary words and general Judo information.

In order to be eligible for your promotion test, you need to have been coming to class for a specific period of time since your last promotion ("time-in-grade"), and you'll need to accumulate a number of points. Here's a chart showing the minimum time-in-grade and promotion points required for you to be eligible for your promotion:

<b>Promotion to:</b>	<b>Belt Color:</b>	<b>Minimum Time &amp; Points Required:</b>	<b>Normal Time &amp; Points Required:</b>
6th Kyu (Rokyu)	White (Yellow)	2 mos. - 7 pts.	3 mos. - 4 pts.
5th Kyu (Gokyu)	White (Orange)	2 mos. - 8 pts.	3 mos. - 5 pts.
4th Kyu (Yonkyu)	White (Green)	2 mos. - 9 pts.	3 mos. - 6 pts.
3rd Kyu (Sankyu)	Brown	3 mos. - 10 pts.	5 mos. - 7 pts.
2nd Kyu (Nikyu)	Brown	4 mos. - 15 pts.	7 mos. - 8 pts.
1st Kyu (Ikkyu)	Brown	5 mos. - 20 pts.	9 mos. - 10 pts.
1st Dan (Shodan)	Black	6 mos. - 40 pts.	1 yr. - 10 pts.

There are a number of ways to earn points for promotion. Here's a list of some of the more popular ways to earn promotion points:

- Entering a local tournament : ..... 1 point
- Entering a regional tournament: ..... 2 points
- Beating an opponent two ranks below your own: ..... 1/2 point
- Beating an opponent one rank below your own: ..... 1 point
- Beating an opponent of equal rank: ..... 2 points
- Beating an opponent one rank higher: ..... 3 points
- Beating an opponent two ranks higher: ..... 4 points
- Attending a USJA clinic or course: ..... 1 point per session
- Attending a USJA training camp: ..... 1 point per session
- Officiating (timekeeping, scorekeeping) in a tournament, 1/2 day: ..... 1/2 point
- Officiating (timekeeping, scorekeeping) in a tournament, whole day: ..... 1 point

More detailed promotion information can be found in the USJA Senior Handbook.

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